

# Cherokee Alzheimer's Support Group

Presented by: The Alzheimer's Association Western Carolina Chapter

## February 5, 2019 | Tuesday @ 5:00pm

Tribal In Home Care Services | Kaiser Wilnoty Rd. | Cherokee, NC 28719

### Build a support system with people who understand

Alzheimer's Association caregiver support group, conducted by trained facilitators, are a safe place for caregivers, family, and friends of persons with dementia to:

- ◇ Develop a support system
- ◇ Exchange practical information on caregiving challenges and possible solutions
- ◇ Talk through issues and ways of coping
- ◇ Share feelings, needs, and concerns
- ◇ Learn about community resources
- ◇ COMPLETELY CONFIDENTIAL

You are not alone!

Cherokee Alzheimer's Support Group Meetings

First Tuesday of every month

5:00pm—6:00pm

\*\*Tribal In Home Care Services\*\*

(2nd Floor ~ Beloved Women & Children's Building)



alzheimer's association®

<https://www.alz.org/>



For information call

828-359-6860

2019 Schedule: February 5, March 5, April 2, May 7, June 4, July 2,  
August 6, September 3, November 5, December 3