



Tribal Wellness Calendar June 2017



Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday
	<p>Classes are FREE & open to everyone! All Classes are @ the Ginger Lynn Welch Community Room 810 Acquoni Road, Cherokee, NC Contact Robin 828-359-6785 or robibail@nc-choerokee.com <i>* Cherokee Strong you must sign up for in Advance.</i></p>			1	2	3 Remember the Removal Bike Parade 10am
4	5 NO YOGA	6 Yoga for Everyone with Robin 12-12:45 Yoga with Julie 5-6pm	7 *Cherokee Strong @ 12 &4:45	8 Cherokee Strong Beginner's Strength Training 12:00-12:30	9 Cherokee Strong Chair Yoga 11:30-12	10
11	12 NO Yoga	13 NO Yoga	14 NO CLASS	15	16	17
18 	19 Chair Yoga with Robin 12-12:45	20 Yoga for Everyone Rose 12-12:45 Yoga with Julie 5-6pm	21 *Cherokee Strong @ 12 &4:45 CELEBRATION! <i>International Day of Yoga</i>	22	23	24
25	26 Gentle Yoga & Meditation with Robin 12-12:45	27 Yoga for Everyone Rose 12-12:45 Yoga with Julie 5-6pm	28	30		