



Tribal Wellness Calendar September 2017



Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday
<p>Classes are FREE & open to everyone! All Classes are @ the Ginger Lynn Welch Community Room 810 Acquoni Road, Cherokee, NC Contact Robin 828-359-6785 or robibail@nc-chokeee.com <i>* Cherokee Strong & CTP: Cherokee Turning Point you must sign up for in Advance.</i></p>				<p>3 Cherokee Strong @ CIHA 12- 1</p>	<p>1</p>	<p>2</p>
<p>3</p>	<p>4 Labor Day Tribe Closed No Yoga</p>	<p>5 Yoga for Everyone Robin 12-12:45 Beginner's Yoga with Julie 5-6pm</p>	<p>6</p>	<p>7 Cherokee Strong @ CIHA 12- 1</p>	<p>8</p>	<p>9</p>
<p>10</p>	<p>11 Gentle Yoga & Meditation with Rose 12-12:45 *CTP 3:30-6:30</p>	<p>12 Yoga for Everyone with Robin 12-12:45 Beginner's Yoga with Julie 5-6pm</p>	<p>13</p>	<p>14 Cherokee Strong @ CIHA 12- 1</p>	<p>15</p>	<p>16</p>
<p>17</p>	<p>18 Gentle Yoga & Meditation with Rose 12-12:45 *CTP 3:30-6:30</p>	<p>19 Yoga for Everyone Robin 12-12:45 Beginner's Yoga with Julie 5-6pm</p>	<p>20 <i>*Start: Cherokee</i> Strong Class @ GLW 12 & 4:45</p>	<p>21 Cherokee Strong @ CIHA 12- 1</p>	<p>22</p>	<p>23</p>
<p>24</p>	<p>25 Gentle Yoga & Meditation with Rose 12-12:45 *CTP 3:30-6:30</p>	<p>26 Yoga for Everyone Robin 12-12:45 Beginner's Yoga with Julie 5-6pm</p>	<p>27 Cherokee Strong Class @ GLW 12 & 4:45</p>	<p>28 Cherokee Strong @ CIHA 12- 1</p>	<p>29</p>	<p>30</p>